

# Extended Family's Medical History

Certain illnesses and diseases tend to run in families, including alcoholism, heart disease, high cholesterol, depression, diabetes, Alzheimer's, muscular dystrophy, and many types of cancer. These and others are believed to have genetic components that can pass from one generation to others.

Research your family's medical history and outline anything meaningful below. Next, communicate this information to your other family members and physicians - preventive measures and/or early diagnosis of symptoms may save or enhance the lives of yourself and/or your parents, children and grandchildren.

Afflicted person's full name, date of birth, and relationship to you	Illness, disease or medical condition	Details (include how and when diagnosed, treatments & results, contributing factors such as a tobacco smoker with lung cancer, and the names & locations of physicians)

## *Extended Family's Medical History* (cont'd)

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